

142 Center Street Brewer, Maine 04412

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HYPERLINK "http://www.BangorRecovery.org" <u>www.BangorRecovery.org</u>

Committee Volunteers Bangor Area Recovery Network

Volunteer Position Title: Committee Volunteer

Organization: Bangor Area Recovery Network (BARN), Brewer, Maine

Organization Details: The Bangor Area Recovery Network (BARN) is a peer-run and oriented recovery center, located in Brewer, Maine. BARN views recovery as a process of change through which an individual achieves improved health, wellness, and quality of life. Recovery is a process of transformation in which we seek to overcome the harmful effects of a disease or debilitating condition and pursue a better life. The BARN works with the community to meet its goals. All are welcome.

Position Description: Responsibilities will vary by committee and the projects it is working on. Some of the BARN committees include marketing/development, the Bangor Area Recovery Community Coalition (BARCC), Finance, and the operations committee.

Essential Duties and Responsibilities: Regular attendance at committee meetings and tasks as assigned or agreed upon by committee members. A good fit would have effective communication skills and the ability to collaborate and work independently.

Training Requirements: None

Length of Commitment: Minimum of 6-month commitment

Time Involvement: Varies by committee and its needs.

Location: Bangor Area Recovery Network (BARN) 142 Center St. Brewer, Maine 04412

Contact/Supervisor: Sharon Fields, BARN Volunteer Coordinator

For more information or to sign up as a volunteer, contact: Sharon at The BARN; 561-9444,

Cell: 949-5641, sharon@bangorrecovery.org

Recovery is a process
There are many pathways to recovery
Recovery overcomes shame and stigma
Supporting recovery is a community responsibility